

TEAR IT, PLANT IT, GROW IT
SEEDSTICKS®
BY SOW SALLY

AGES
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PERFECT FOR
YOUNG
GARDENERS!

LITTLE GROWERS ACTIVITY KIT

⇒ GROW • LEARN • CREATE ⇐

Everything you need to grow plants,
learn about nature and have fun along the way.



HELLO@SEEDSTICKS.CO.UK | SEEDSTICKS.CO.UK

TEAR IT, PLANT IT, GROW IT

SEEDSTICKS®
SO EASY

WELCOME LITTLE GROWERS!

Welcome to your Little Growers Activity Kit!

Growing plants is one of the most exciting adventures you can have. With just a little soil, water and sunshine, tiny seeds can grow into colourful flowers, tasty vegetables and even homes for wildlife.

Inside this kit you'll find everything you need to become a Little Grower. Plant your Seedsticks®, complete the fun activities and enjoy watching your plants change a little every day.

Founded in 1988, Sow Easy is a second-generation British family business that believes growing should be simple, sustainable and fun. That's why we created Seedsticks® – an easy, mess-free way to grow from seed that everyone can enjoy.

So grab your pencil, roll up your sleeves and let's get growing!

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WHAT'S INSIDE?

Your Little Growers Activity Kit includes:



Seedsticks® with carefully spaced seeds



Biodegradable growing pots



Soil pellets



Wooden plant markers



Pencil



Fun activity worksheets



Easy-to-follow growing guide

You're ready to start your growing adventure!

PLANTING INSTRUCTIONS

1. Prepare your compost

Place the soil pellets into a bowl and add 300ml warm water. Watch them expand into compost.

2. Fill your pots

Place the biodegradable pots onto a waterproof tray or side plate. Fill each biodegradable pot with compost and gently press it down.

3. Plant your Seedsticks®

Tear off a Seedstick® and push the pointed end into the compost until the green depth marker disappears.

4. Water

Give your pots a gentle watering so the compost is damp but not soggy.

5. Find a sunny windowsill

Place your pots on a bright windowsill where they can enjoy plenty of natural light.

6. Watch them grow

Check your plants every day and keep the compost moist. Most seeds germinate within 7-21 days.

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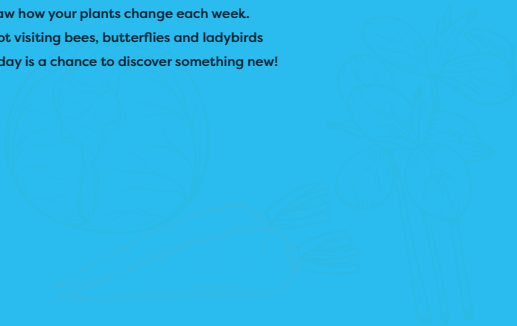
SEEDSTICKS[®]
BY GARDEN OF EARTH

LEARN WHILE YOU GROW

As your plants grow, don't forget to complete the activities included in your kit.

- Colour your plants and insects
- Record your plant's height each week
- Learn fascinating facts about nature
- Complete fun gardening puzzles
- Draw how your plants change each week.
- Spot visiting bees, butterflies and ladybirds

Every day is a chance to discover something new!



FREQUENTLY ASKED QUESTIONS

Do I need anything else?

Everything you need to grow is included. We recommend placing your biodegradable pots on a waterproof tray, saucer or side plate to protect indoor surfaces and catch excess water.

How long before I see shoots?

Most seeds begin to germinate within 7-21 days, although some varieties can take a little longer.

Why do plants need sunshine?

Plants use sunshine to make their own food and grow big and strong.

Can I grow them outside?

Yes. Once your plants are established, ask an adult to help move them into a larger pot or into the garden.

How often should I water?

Keep the compost lightly moist. If it starts to dry out, give it a little water.



KEEP GROWING!

Congratulations—you've taken your first step towards becoming a Little Grower!

Keep caring for your plants, complete your activities and enjoy watching nature grow.

When you're ready for your next growing adventure, discover more fun kits and gifts at:

www.seedsticks.co.uk

Small seeds, big adventures.
Keep growing!
The Sow Easy Team